

Sarah-Monique Williams, Psy.D

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EDUCATION

Illinois School of Professional Psychology – Chicago, IL (APA approved Psy.D. program).
Doctorate in Clinical Psychology - Fall 2002.
Master's in Clinical Psychology - 2001.

Loyola University – New Orleans, LA.
Bachelors in Psychology - May 1996.

LICENSURE

Licensed Psychologist, State of Illinois

PROFESSIONAL EXPERIENCE

Dr. Monique Williams & Associates, Chicago and Forest Park, IL
PSYCHOLOGIST, 2004- Present

- Conduct individual, couple, group and family therapy.
- Consult with schools and other professionals in the surrounding area.

Goodman & Associates, St. Charles, IL
PSYCHOLOGIST, 2004- Present

- Conduct individual, couple, group and family therapy.
- Consult with schools and other professionals in the surrounding area.

Bridge View Extended Day School & Challenger Day School Program, Chicago, IL
POST DOCTORAL INTERN, 2002-2003

- Conduct individual, group and family therapy.
- Provide supervision for three students by facilitating their growth primarily in case conceptualization and in conducting group therapy.
- Presenting issues included: autism, psychotic disorders, ADHD, organic disorders, depressive disorders, anxiety disorders (PTSD, panic disorder).

Rudolph and Sadie “Tee” Dreikurs Psychological Services Center, Adler School of Professional Psychology, Chicago, IL
INTERN, 2001-2002

- Conduct individual and family therapy.
- Clients are ethnically/racially diverse (primarily African American, Latino, Caucasian).
- Provide supervision for five students; guiding them through case conceptualization, intervention formulation, and professional development.
- Conducted in-services for students and staff.
- Facilitated school counseling program for three elementary/junior high schools.

**In-Touch Crisis Intervention Hotline, University of Illinois at Chicago Counseling Center, Chicago, IL
SUPERVISOR, 2000-2001**

- Supervised between 3-12 undergraduate and graduate students who responded to general crisis line calls in the Chicago area on calls from clients presenting with a diversity of problems ranging from acute crises (e.g., suicidality, domestic violence, sexual assault) to chronic psychiatric conditions (e.g., depression, schizophrenia, borderline personality disorder).
- Provided on-site training to these students in case conceptualization, professionalism, and intervention formulation.

**United Stand Family Center, Chicago, IL
COUNSELOR, 1999-2002**

- Conducted individual and family therapy with 52 clients ages 4 to 47.
- Clients were ethnically/racially diverse (African American, Latino, Caucasian).
- Consulted with therapists, clinicians, teachers, and principals regarding assessment results, therapeutic interventions, and referrals for 30 clients with learning disabilities.
- Conducted an in-service for multidisciplinary staff members of United Stand entitled: "Quick ways to Detect and Accommodate Learning Disabilities."

**Cook County Hospital, Department of Family Practice, Chicago, IL
COUNSELOR, 1998-1999**

- Conducted individual and family therapy with 15 clients between ages 6 to 85 who were of ethnically- and religiously-diverse backgrounds (African-American, Arabic, Latino, Caucasian, Mennonites, Jehovah's Witness, Muslim, & Baptist).
- Facilitated case management, medication follow-up, and appropriate referrals.
- Presenting issues included: eating disorders, depressive disorders, anxiety disorders (PTSD, agoraphobia, panic disorder), personality disorders (schizoid, borderline), and somatoform disorder.
- Provided consultations to medical residents regarding hospital inpatients.

**Community Counseling Centers of Chicago, IL
DIAGNOSTICIAN, 1997-1998**

- Conducted in-depth clinical interviews with parents, children, and adults.
- Administered full batteries of objective and projective tests to clients ranging in age from 6 to 60 years. Tests included: WISC-III, WAIS-R, WAIS-III, WPPSI, WIAT, WRAT3, WMS-III, Rorschach, Incomplete Sentences, CAT, TAT, CDI, Figure Drawing, Woodcock Johnson, and Connors Rating Scale.
- Provided family therapy to a three-year-old sexually-abused client, her one-year-old sister, and her mother over a five-month period.

**Pathways, Blind Services Association, Chicago, IL
COUNSELOR, 1997**

- Assisted blind youth from ages 10-15 with mobility training, computer skills, and social development skills.
- Supervised students' recreational activities such as cookouts, beep ball (adapted baseball) and swimming.
- Organized and accompanied students on field trips involving city traveling, sailing, horseback riding, and canoeing.

**Private Tutor for Dyslexic Boy, New Orleans, LA
TUTOR, 1995-1996**

- Taught advocacy skills to parents of a ten-year-old dyslexic boy.
- Helped child learn strategies for completing homework assignments.
- Assisted child in discovering his best learning styles on different tasks.
- Consulted with child's teachers to provide him with necessary accommodations.

Orton Dyslexia Society Hotline, New Orleans, LA
HOTLINE VOLUNTEER, 1995-1996

- Provided parents, family members, and dyslexic individuals with information and resources on dyslexia.
- Supported and counseled parents of dyslexic children.

Rape Crisis Hotline, New Orleans, LA
RAPE CRISIS VOLUNTEER, 1995-1996

- Counseled and provided resources to rape victims who called the crisis line.
- Provided information and reassurance to relatives and friends of victims.

Metro Behavioral Health Services, New Orleans, LA
PSYCHIATRIC TECHNICIAN, 1995-1996

- Maintained complete charting records of adult and child patients.
- Co-facilitated children's therapy groups (e.g., feelings, craft, music, and outpatient groups).
- Utilized a token economy system with a wide variety of patients to help them remain in control of their emotions, maintain hospital rules, improve listening skills, and reduce impulsive tendencies.

University of Pittsburgh Medical Center, Pittsburgh, PA
COUNSELOR, 1995

- Structured a summer day camp for children with conduct disorders and ADD. Children were research participants who took part in groups, participated in structured activities, and worked within a token economy. Responsibilities included monitoring their behavior at various intervals, checking their medication, teaching them social skills, and teaching them how to play sports. Helped with monitoring behavior during unstructured class time while they were doing independent work.
- Utilized behavior modification system which included use of an intensive behavior point system, "time outs", and physical management techniques.
- Tracked/charted behaviors of children in the medication group (part of a double blind study). Participated in daily treatment evaluations by completing surveys on each child, and had nightly case consultation meetings.

Haverford State Hospital, Haverford, PA
HOSPITAL VOLUNTEER, 1994-1996

- Provided reading skills education to an adult schizophrenic patient.
- Supervised an Alzheimer's patient during facilitation of computerized memory tasks.
- Administered satisfaction surveys to all hospital patients.
- Presented self-developed Rainforest Rescue Lesson (a multi-sensory therapeutic activity, which includes a 9'x5' vivid, interactive, rapport-building game).
- Co-led several dual diagnosis groups.

Sobolof Center, New Orleans, LA
PRE-SCHOOL VOLUNTEER, 1993-1994

- Taught art to preschool children between the ages of two and four who had Cerebral Palsy and/or other developmental disorders.
- Administered speech therapy activities to preschool children.
- Presented self-developed Rainforest Rescue activity to adolescents with Cerebral Palsy.

Office of Academic Enrichment, Loyola University, New Orleans, LA
ENRICHMENT TUTOR, 1992-1996

- Tutored college students in math, beginning-level Spanish, psychology, test-taking strategies, and time management skills.
- Coached students in how to discover their own best learning styles.
- Trained staff in computer hardware and software installation and proper usage (e.g., Word, WordPerfect, Excel, Dragon Dictate).

Overbrook School for the Blind, Philadelphia, PA
VOLUNTEER FOR BLIND AND AUTISTIC CHILDREN, 1992

- Initiated and helped develop weekend art programs and recreational activities for blind and autistic students between the ages of 12-17 with the purpose of social-skills development and enhancement of communication skills.
- Taught basic cooking and general housekeeping skills.

TEACHING EXPERIENCE

Illinois School of Professional Psychology, Chicago, IL
TEACHING ASSISTANT FOR COGNITIVE-BEHAVIORAL THERAPY AND THEORY: CHILD AND ADOLESCENT EMPHASIS, 2002

- Held mid-term review session geared toward working with adults.
- Presented 3-hour lecture including experiential exercises and use of informational handouts on how to do therapy with children and adolescents, especially those with disabilities.
- Created and developed 10 play therapy activities, then incorporated them into class role-plays.

University of Illinois, Chicago, IL
TEACHING ASSISTANT FOR HOTLINE TRAINING COURSE, 2000

- Trained a group of students on crisis intervention and basic counseling skills.
- Presented lecture material throughout the class.

Illinois School of Professional Psychology, Chicago, IL
TEACHING ASSISTANT FOR BATTERY ASSESSMENT COURSE, 1998

- Conducted weekly after-class didactic sessions for Battery students on how to score and interpret a variety of objective and projective assessment tools, and how to write a coherent and thorough battery report.
- Presented and facilitated in-class discussion of an MMPI profile.

PRESENTATIONS AND CONSULTATIONS

- 8/2003 ***Succeeding with a Disability, Mayors Office for People with Disabilities, Chicago, IL.***
 Presented a 1-hour presentation to 10 youth with disabilities about strategies on how to excel in the workplace and in college.
- 4/2003 ***How To Succeed with a Disability, King Lab Elementary & Junior High School, Evanston, IL.***
 Presented a 1-hour presentation to 40 elementary and junior high students with disabilities. Discussed strategies on how to succeed in school and in daily life, with emphasis on learning disabilities. Provided consultation to staff.
- 3/2003 ***Living and Succeeding With Disabilities, Y.I.E.L.D. Project; Access Living, Chicago, IL.***
 Presented a 1-hour presentation to young adults with disabilities on coping strategies with emphasis on cognitive disabilities. Provided two hours of consultation to participants and staff.
- 4/2002 ***Working with Children Inservice: Loss, Grief, Divorce, and Termination Activities, Stories, and Interventions, Adler School of Professional Psychology, Chicago, IL.***
 Facilitated presentation through the implementation of case material and specific activities that could be used during the termination process.
- 3/2002 ***Working with Children Inservice: Childhood Disorders Part II- Non-verbal Learning Disabilities, Fetal Alcohol Syndrome, and ADHD, Adler School of Professional Psychology, Chicago, IL.***
 Participated in presentation that reviewed diagnostic criteria and provided treatment interventions for these conditions.
- 3/2002 ***Living and Succeeding With Disabilities, Y.I.E.L.D. Project; Access Living, Chicago, IL.***
 Presented a 1-hour presentation to 15 young adults with disabilities about the diagnostic process and coping strategies with emphasis on cognitive and physical disabilities. Provided two hours of consultation to participants and staff.

- 2/2002 ***Working with Children Inservice: Childhood Disorders Part I- Autism, ADHD, Depression, and Anxiety, Adler School of Professional Psychology, Chicago, IL.***
Participated in presentation which reviewed diagnostic criteria through case vignettes and provided treatment interventions for these conditions.
- 1/2002 ***Working with Children Inservice: What is Play Therapy?, Adler School of Professional Psychology, Chicago, IL.***
Presented specific interventions and techniques in conducting play therapy.
- 5/2001 ***Disability Awareness Training for Students, United Stand Family Center, Chicago, IL.***
Conducted a 1-hour presentation on blindness, deafness, and learning disabilities for 30 fifth grade students at St. Pius School.
- 6/2000 ***Disability Workshop, Illinois School of Professional Psychology (ISPP), Chicago, IL***
Participated in a one-hour presentation to ISPP faculty members about current ISPP accommodations and the results of a 4-year study with ISPP students on disability awareness. Conducted demonstrations which simulated aspects of life with a learning disability.
- 4/2000 ***Quick Ways to Detect and Accommodate Learning Disabilities in the Classroom, United Stand Family Center, Chicago, IL.***
Developed and led 2-hour presentation for 40 teachers and principals from three Chicago-area schools. Included detection, classroom management and teaching strategies.
- 3/2000 ***Disability Sensitivity Training for Teachers and Students, St. Daniel's Catholic School, Chicago, IL.***
Gave a 1-hour presentation on blindness and learning disabilities to 100 students; provided a 5-hour consultation with 10 teachers about learning disabilities accommodations.
- 2/2000 ***Disability Awareness Training for Students, United Stand Family Center, Chicago, IL.***
Gave six sensitivity trainings to 1st, 6th and 8th graders about blindness and learning disabilities to alleviate prevalence of teasing and intolerance among students at Santa Maria School.
- 1/2000 ***Quick ways for Testers and Diagnosticians to Detect and Accommodate Learning Disabilities, United Stand Family Center, Chicago, IL.***
Developed and facilitated a 2-hour presentation on the process of detecting, evaluating, and treating learning disabled students.
- 12/1999 ***Stress Management During the Holidays, United Stand Family Center, Chicago, IL.***
Developed and co-presented training for parents at Santa Maria School. Incorporated stress-reduction techniques.
- 12/1999 ***Stress Management Workshop, United Stand Family Center, Chicago, IL.***
Gave a 1-hour presentation to kindergarten through 4th grade students incorporating puppet shows and body stress exercises to inform about new ways to identify, detect, and reduce stress at a Santa Maria School.
- 4/1999 ***Disability Sensitivity Training for Teachers and Students, University of Illinois, Chicago, IL.***
Created a 15-minute informational videotape on how to successfully live with a learning disability, which was also translated for use for Spanish-speaking individuals.

PUBLICATIONS

Williams, M. & Upadhyay, W.S. (2003). To be or not to be disabled. In Banks, M. (Ed.). *Women with visible and invisible disabilities: Multiple intersections, multiple issues, multiple therapies*. 145-154.

Williams, M. & Upadhyay, W.S. (2003). To be or not to be disabled. In *Women & Therapy: Women with visible and invisible disabilities: Multiple intersections, multiple issues, multiple therapies*, Part I.. 26 (1/2), 145-154.

CONFERENCE PRESENTATIONS

Williams, M., & Bockian, N. (2003, August). *Effecting program change based on graduate students' awareness of disability*. Presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Williams, M. Against all odds: Strategies for students with disabilities. In El-Ghoroury, N., Greene, K., & Stokes, L. *Surviving graduate school: Strategies for diverse populations*. Symposium conducted at the annual meetings of the American Psychological Association, Chicago, IL., August, 2002.

Williams, M. A description of the APA divisions and suite programming. Symposium conducted at the annual meetings of the American Psychological Association, Chicago, IL., August, 2002.

Williams, M. (2001, August). Against all odds: Strategies for students with disabilities. In El-Ghoroury, N., Greene, K., & Stokes, L. *Surviving graduate school: Strategies for diverse populations*. Symposium presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Williams, M., El-Ghoroury, N., Greene, K., & Stokes, L. (2001, August). Introduction to convention programs: Survival guide for diverse student populations. Roundtable discussion conducted at the annual meeting of the American Psychological Association, San Francisco, CA.

Williams, M., Coble, A., Gorman, B., Koocher, G., Olkin, R., & Pollard, R. (2000, August). Increasing access to clinical training by students with disabilities. Roundtable discussion presented at the annual meeting of the American Psychological Association, Washington, D.C.

Feldman, S. & Williams, M. (1999, May). Clinical psychology and disability: Students' perspectives. In C. Gill (Chair), *Disciplinary focus panel: Psychology*. Symposium presented at the annual meeting of the Society for Disability Studies, Washington, D.C.

Feldman, S. & Williams, M. (1999, August). *The publication project: Accessing psychological print material for those with print impairments*. Presented at the annual meeting of The American Psychological Association, San Francisco, CA.

Williams, M., Crouse, L. R., Simon, S. M., Harvey, M., & Bockian, N. (1999, August). *Effecting program change based on graduate students' awareness of disability*. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Williams, M., & Simon, S. M. (1998, May). *No pity: Understanding disabilities from a client-centered approach*. Presented at the annual Client Centered Conference, Boston, MA.

Williams, M., & Simon, S. M. (1998, May). *Meeting the disability challenge: A client-centered approach*. Presented at the annual Client Centered Conference, Las Vegas, NV.

Williams, M. (1995, November). *H.O.P.E.: Starting a college affiliate*. Spoke at Orton Dyslexia Society National Convention, Houston, TX.